



SLTBR

Society for Light Treatment
and Biological Rhythms

presents



**Save
the dates!**

1

Effects of light on human sleep, circadian rhythms and mental health

Mirjam Münch - Massey University

Katharina Wulff - Umea University

Moderator: Christian Cajochen

On: 25-6-2020, at: 9 AM CEST / 2 AM CST/ 7 PM NZST

2

What the human eye tells the human circadian clock

Manuel Spitschan

University of Oxford

Moderator: Renske Lok

On: 21-10-2020, at: TBA

3

Chronotherapeutic treatments

John Gottlieb

Northwestern University

Moderator: Dorothy Sit

On: TBA, at: TBA

4

Non-visual effects of light and its application in architecture

Steven Lockley

Harvard Medical School

Moderator: John Hanifin

On: 17-2-2021, at: TBA

5

Decoding the mechanisms underlying the deleterious effects of light on mood, learning, and metabolism

Diego Fernandez

National Institute of Mental Health

Moderator: TBA

On: 14-4-2021, at: TBA

Registration: [click here](#)